



您是否有 OAB 的症狀?

Are you experiencing symptoms of OAB?

數以百萬計的美國人具有膀胱過度活動症(OAB)的症狀。您不是唯一的患者。

Millions of Americans experience overactive bladder (OAB) symptoms. You are not alone.

請回答以下問題並與您的醫生進行討論。

Answer the following questions and discuss them with your doctor.

- 1** 您一天有多少次沖進洗手間，擔心自己會憋不住？
How many times per day do you rush to the bathroom and worry that you won't make it?
- 2** 您每天小便多少次，自己是否感覺太頻繁？
How many times do you use the bathroom each day, and does it feel like too often?
- 3** 您每周有幾次限制液體攝入量，以防頻繁進出廁所？
How many times a week do you limit your fluid intake to avoid so many trips to the bathroom?
- 4** 這個星期您漏尿漏了多少次？
How many times have you leaked urine this week?
- 5** 您在半夜需要如廁多少次？
How many times do you use the bathroom in the middle of the night?
- 6** 不管你在哪裡，是否都要確保自己知道洗手間的位置？
Do you make sure you know where to find the bathroom, no matter where you are?
- 7** 您的 OAB 症狀對您和您的日常活動有何影響？
How do your OAB symptoms impact you and your daily activities?